

OUTREACH

CONNECTING CAMPUS WITH THE COMMUNITY



Health, Safety and Nutrition

Childcare providers of all kinds need to take this class. This class focuses on essential skills to keep children and their surroundings healthy and safe, such as preventing injuries and illness, basic first aid, reducing the spread of germs and properly handling and storing food. Upon completion, you will receive a certificate recognized by the Early Childhood Association as well as **15 professional development units**.

FREE | COMMUNITY EDUCATION

MONDAY, JAN 29-FEB 26 | 6-9 PM, BREWER-HEGEMAN CONFERENCE CENTER
BARBARA JACKSON, PREPAREDNESS AND TRAINING LLC



Infant and Toddler Safety

You can never be too safe when you have little ones around the house. This class will cover important safety issues such as safe newborn sleeping, child passenger safety restraint, choking prevention and more for the newborn up to age 4.

FREE | COMMUNITY EDUCATION

SATURDAY, MARCH 10 | 9 AM-NOON, BREWER-HEGEMAN CONFERENCE CENTER
LOU ANN OADE, RN, & KATIE RAKOW, CPST, CONWAY REGIONAL HEALTH SYSTEM



UCA Cub Fit Camp

UCA Cub Fit Camp invites rising 4th and 5th graders to campus for a dynamic daily schedule of activities related to both health and wellness. Learn about Arkansas agriculture, participate in yoga, Zumba, swimming, discover healthy foods and more! Family members are also invited to see the campers present what they have learned on the final afternoon of camp.

REGULAR FEE: \$100 | RISING 4TH-5TH GRADERS

MONDAY-FRIDAY, JULY 23-27 | 8:30 AM-4:00 PM, BREWER-HEGEMAN CONFERENCE CENTER



Family Lego Day at UCA

Kids build cars, trucks, landmarks and unique creations with Lego. Kids will receive tips for future Lego builds, learn Lego trivia, and have a chance to win Lego prizes! They will learn the basic steps in making a Lego movie using licensed Lego software and learn creative writing skills. Parents or guardians must be present. Kids will receive a Lego kit and minifigure. *This UCA Community Education class is 50% off for UCA faculty, staff, students, retirees and paid Alumni Association members. Register by March 25, 2018.*

REGULAR FEE: \$65 PER CHILD | COMMUNITY EDUCATION

SATURDAY, APRIL 14 | 1-4 PM, BREWER-HEGEMAN CONFERENCE CENTER
LENNON PARKER



UNIVERSITY OF
CENTRAL
ARKANSAS

OUTREACH &
COMMUNITY ENGAGEMENT

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